

# Lat Pull Down/ Shoulder Press

## TG0825

The Lateral Pull Down/Shoulder Press should be the centre piece of any TGO outdoor gym. Offering two exercises for the price of one, this is a really popular toning piece of equipment. Based on lifting approximately 30% of the users body weight, this machine works the shoulders and arms on one side and the arms and back on the other, giving a great upper body workout for all abilities.

### Specification

- 100% Made in Britain
- Certified to EN16630, (legacy standards, BSI PAS888 - safety compliant for ALL ages, users and non-users & DIN79000 - safety compliant for users, aged 14+). All TGO outdoor gym equipment is free from exposed end stops, entrapments, sharp edges and crush points

**ALWAYS ASK FOR EN16630 FOR OUTDOOR GYMS**

- Great instructional signage- workout QR code videos, start and finish diagrams.
- Weatherproof
- Resistance-based equipment - no electricity required
- Low maintenance
- Designs include key elements of Inclusive Fitness Initiative guidelines
- TGO plant a tree in the NHS Forest for every piece of equipment sold
- Anti vandal fixings
- Available in all major RAL colours
- Stop mechanisms concealed
- Paint UV stabilised
- Welds certified to EN15015614
- Powder coated finish
- Separate ground anchor for future upgrades

### Guarantees

25 years steel work  
2 years bearings  
5 years paint

### TG0825UK

Integrated instructional signage and QR codes to view how to use videos. Mounted either side of the central frame

Interactive components are painting in a contrasting colour to comply to IFI and make the equipment as intuitive as possible

There is a constant gap between the any moving parts and the main framework so there are no entrapment points

The seat supports are made from 6mm thick mild steel plate to keep everything operating correctly

