

Lat Pull Down/ Shoulder Press

TG0825

The Lateral Pull Down/Shoulder Press should be the centre piece of any TGO outdoor gym. Offering two exercises for the price of one, this is a really popular toning piece of equipment. Based on lifting approximately 30% of the users body weight, this machine works the shoulders and arms on one side and the arms and back on the other, giving a great upper body workout for all abilities.

Specification

1. 100% Made in Britain
2. Certified to EN16630, (legacy standards, BSI PAS888 - safety compliant for ALL ages, users and non-users & DIN79000 - safety compliant for users, aged 14+). All TGO outdoor gym equipment is free from exposed end stops, entrapments, sharp edges and crush points

ALWAYS ASK FOR EN16630 FOR OUTDOOR GYMS

- 3.
4. Great instructional signage- workout QR code videos, start and finish diagrams.
5. Weatherproof
6. Resistance-based equipment - no electricity required
7. Low maintenance
8. Designs include key elements of Inclusive Fitness Initiative guidelines
9. TGO plant a tree in the NHS Forest for every piece of equipment sold
10. Anti vandal fixings
11. Available in all major RAL colours
12. Stop mechanisms concealed
13. Paint UV stabilised
14. Welds certified to EN15015614
15. Powder coated finish
16. Separate ground anchor for future upgrades

Guarantees

25 years steel work
2 years bearings
5 years paint

The chest press and seated row work on lifting approximately 30% of the users body weight

TG0825UK

Integrated instructional signage and QR codes to view how to use videos. Mounted either side of the central frame

Interactive components are painting in a contrasting colour to comply to IFI and make the equipment as intuitive as possible

There is a constant gap between the any moving parts and the main framework so there are no entrapment points

The seat supports are made from 6mm thick mild steel plate to keep everything operating correctly



EN 16630



25 YEAR WARRANTY

MADE IN BRITAIN



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Production Details

Manufacturer Standard: EN16630 (legacy standards - PAS888, Din79000)
 Framework: Mild Steel Grade S275 (min 3mm thick)
 Finish: High quality gloss finish polyester powder coat paint
 Signage: High quality reverse printed PETG
 Seats and Backs: Enhanced Polyphenylene Ether (PPE) Resin

Enhanced Corrosion Protection

An enhanced corrosion protection is available on request for this product. Hot dip galvanising is the process TGO use to add a protective coating to the body of our products on our equipment in coastal areas, which have higher air salinity or in harsh urban and industrial atmospheres with higher sulphur dioxide pollution*.

The upgrade includes:

- Upgrading to hot dip galvanising
- Fixings are upgraded from A2 to A4 stainless steel

*An upgrade to galvanised steel will be necessary for the warranty in these environments.

Installation

This product is installed onto a generic TGO Large Ground Anchor. Please see the 'TGOGC Installation & Assembly Guidelines' for guidance on installing this anchor. Please refer to the diagram opposite for safety spacing.

Safety

This product requires 1.5m of clear space around the equipment (green outline).

- Falling Height: 0.48m
- Clear Space: 20.8m²

There is no safer surface requirement and therefore TGO only recommend a minimal surface area (grey outline).

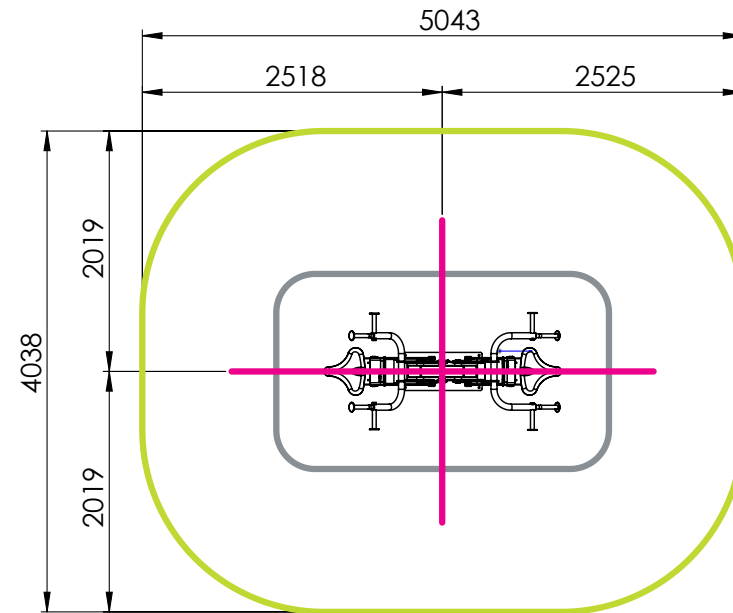
Parts List

No	Part	Dimensions	Weight	Qty
1	LPD/SP*	L1993, W988, H1943	160 kg	1
2	Large Anchor [†]	L777, W498, H343	23 kg	1

*Based on the product in the resting position

†Substituted with 6x HILTI fixings for surface mounted option

Clear Space Required Recommended Surfacing Base Plate & Centre Lines
 (25mm tolerance added in each direction)



Ground anchor is separate, makes future upgrades easy!

