

Bootcamp & Circuit Gyms

Cardio Circuit

This cardio centric circuit offers something for everyone from inactive to active with an energy generating piece, users can charge their phones and measure the hits of the gym. The space is a circular design and provides trainers with great circuit stations. The equipment has been used by Tough Mudder to train for the events. This space is crowned with an inclusive rig featuring a range of lowered pull ups for wheelchair access.

A MULCH

B BLACK WET POUR

C COLOUR WET POUR

More options are available

1 Activate App

ACTIVATE

2 British-made

MADE IN BRITAIN

3 Energy generating

Generates human powered electricity

Energy

4 Inclusive fitness

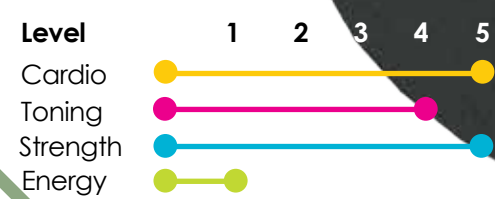
All equipment is designed in accordance with Inclusive Fitness Guidelines (IFI)

13 Interactive Signage

People can scan their workout whilst using this gym

11 Smart

Smart counts hits of the gym and feeds into dashboard



No. of Users	Min Area	Min Surfacing
15+	10.6m Dia	88m ²



5 Great for inactives

6 Advanced



7 Active flooring

10 Wheelchair accessible

12 Space for trainers

8 Full body

- Equipment List:**
- Cross Trainer ●
 - Recumbent Bike ●
 - Inclusive Rig ●●
 - Features: monkey bars, multiple pull ups, swedish walls, plyometric platform, rope fixings and leg raise
 - Energy Spinning Bike ●
 - Smart Energy Hand Bike ●●
 - Welcome Sign



ACTIVE FLOORING

ENERGY GENERATING

INCLUSIVE

CALLISTHENICS

SPACE FOR TRAINERS

TGO908 Energy Hand Bike



Features

- ✓ Charge your device using human power
- ✓ 'Smart' counts hits of gym

Benefits

- ✓ Wheelchair accessible
- ✓ Good for targeting people new to exercise

TGO861 Cross Trainer



Features

- ✓ All body cardio workout
- ✓ Fully enclosed safe mechanism

Benefits

- ✓ Great for inactives
- ✓ Low impact

TGO510 Inclusive Rig



“This is the best outdoor gym I have ever seen”

Sky Sports Fit in 5 Marvin Ambrosius

Features

- ✓ 4ft, 5ft, 6ft pull ups
- ✓ Lower features for wheelchair access
- ✓ Gym attachments can be added

Benefits

- ✓ Good transition piece for older children
- ✓ Great for trainers